

Carer Friendly Southampton Scrutiny Inquiry

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Number of Carers in Southampton

	Southampton Expected Numbers (as 8% of Demographic Populations)	% of Carers from Expected Numbers	% of Carers from Known Number of Carers	Southampton Incidence Known
Young Carers <8 - 18	c. 2078	20%	15	420
Adult Carers	c. 32,000	7.6%	85	4,068 2,428 in contact with service within past 2 years
Total in contact with CiS & No Limits (last 2 years_			2,848	
Of which there are:				
Parent Carers			5	153
Female			61	1,744
Male			24	679
Unknown Gender			15	425
BAME			15	438

Ethnicity of Carers

	Number Known	% of Southampton Population	% of Known Carers
British White	2,051	0.8	72
Arab	11	0.004	0.5
Asian/Asian British	256	0.1	9
Black British	42	0.02	1.5
Eastern European	82	0.03	3
Mixed/Multiple ethnicity	15	0.006	0.5
Other	39	0.01	1.5
Unknown	352	0.02	12

Age Profile

	Southampton Prevalence	Southampton known
Very Young Carers <8 years	0.04%	6
Young Carers 8-18 years	1%	414
Young Adult Carers 19-25 years	0.3%	80
Adult Carers 26 -64 years	1%	1405
Older Carers 65+	2%	626
Unknown age		320
Total	1% (8% expected)	2,837 (32,000 approximately expected)

2104 of Carers are identified as living with the person they care for.

Young Carers in Southampton

Cared For Need	Individuals cared for with:	420 % of carers
Physical Access & Mobility only	10	2.4%
Personal Carer	26	6.0%
Sensory Visual	0	0%
Sensory Hearing	5	1%
Dual Impairment	1	0.2%
Memory & Cognition	35	8.0%
Learning Disability & Autism	0	0%
Mental Health	43	10%
Substance Misuse	5	1%
Social Isolation	3	0.7%
Unknown	292	70%

Adult Carers in Southampton

Cared For Need	Individuals cared for with:	% of known Carers 2428
Physical Access & Mobility only	161	7.0%
Personal Carer	260	11%
Sensory Visual	10	0.4%
Sensory Hearing	2	0.08%
Dual Impairment	7	0.3%
Memory & Cognition	159	6.5%
Learning Disability & Autism	166	7.0%
Mental Health	367	15%
Substance Misuse	6	0.2%
Social Isolation	6	0.2%
Unknown	1284	53%

- 378 are caring for more than one person

SCC commissioned services for carers

Carers in Southampton

- ✓ Undertake Carers Assessments
 - Uploaded to PARIS IT system
- ✓ Provide advice, information, support
- ✓ Social Worker 1 day per week embedded from Adult Social Care

No Limits

Subcontract Young Carers Service

Range of Replacement Care for Adults

Direct Payments

Domiciliary care

Day Care

Overnight respite care

Respite over night breaks

	Number of night provided per year 2019/20	Approximate number of Carers Supported
Kentish Road	499 days	Adults with Learning Disability
Way a Head	592 days	Adults with a learning Disability
Rose Road	473 days	Adults with a Learning/Physical Disability
Holcroft House	801 days	Dementia
Oak Lodge Nursing Home	398 days	Dementia
Other in 48 services	2613 days	
Total	5779 days	

NHS organisations

- Carers Leads
 - University Hospitals Southampton FT
 - Solent NHS FT
 - Southern Health Trust
- Admiral Nursing –specialist dementia nurses supporting carers

Current Carers Strategy 2016-2020

priorities identified:

- ✓ carers identification and recognition
- ✓ information and advice
- ✓ collaborative and innovative support
- ✓ support in maintaining health, wellbeing and safety; and planned and unplanned breaks
- ✓ young carers protected and supported to learn and thrive.

4 themes that were acknowledged which ran through all priorities:

- identification and recognition
- need for education of carers, professionals, and community
- collaboration
- time for yourself

Learning from implementation

- ✓ Governance
- ✓ Data across organisations (recording and reporting)
- ✓ Focus on key enablers e.g. interoperable IT
- ✓ Changing practice and culture